



NEW EXTREME SPORTS

CONDEMNED LABORATORIEZ

SALES GUIDE



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SELL SHEETS
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- Increases energy and focus*
- Boosts stamina and performance*
- Enhances strength and power output*
- Reduces onset of fatigue*
- Supports nitric oxide production*
- Powerful muscle pumps*

ATHLETE'S INSIGHT



Convict Stim is an all around hard hitting pre workout. Most companies either have a stimulant based product or a pump based product. The thing I love most about Convict is that it combines both stim and pump all in one. I usually use one scoop, but on the days where I am dragging ass two scoops hits home. The focus and thermo affects you get from Convict is unlike any other pre workout on the market.

Andre Ferguson
IFBB Pro

VERIFIED BUYER



Peter G. Verified Buyer

Awesome Pre-Workout
I like to constantly change up my pre-workouts until I find the ones that really work. This Pre will really make you feel a difference with energy, focus, pump, and the endurance to make it through those long grueling workouts. I took the full dose and about 15 mins into my workout realized I probably only needed a scoop and a 1/2. Want to try this with some DNA Dispatch for a crazy lift. Finally got my new go-to pre.

FUELED WITH

PROVEN INGREDIENTS

- L-Citrulline (4,000mg)
- 2-aminoisoheptane (225mg)
- Mucuna pruriens (300mgs)
- Caffeine Anhydrous (300mg)
- Beta Alanine (2,500mg)

Supplement companies are built and broken on the backs of their respective pre workouts. If you've got an extreme, hardcore, and well-dosed pre workout, you're off to a great start. But, if you've got a pixie-dusted, prop blended pre workout that "stims you out" or leaves you feeling drained a few hours after taking it, your future isn't looking too bright.

Here's where things get complicated -- there simply aren't many (if any) hardcore, high stim products that deliver on all fronts. In some way or another, the current slate of high energy pre workouts on the market are lacking in one (or more) of the four key areas a pre workout should address:

- Energy
- Focus
- Pumps
- Performance

With the market screaming for a hard-hitting pre workout that delivers on all fronts, Condemned Labz looked to fill the void with the release of Convict Stim.

Convict Stim addresses two of the four key attributes of pre workouts with a strong 4g dose of pure L-Citrulline, an amino acid found in watermelon that supports NO production, enhances ATP synthesis, boosts endurance, and delays the onset of fatigue.

To further promote endurance and help athletes last longer in the gym, Convict Stim includes a full 3.2 gram dose of the supreme stamina-booster -- beta alanine. To provide the "liquid encouragement" needed to get in the gym and obliterate the iron, we've included a hard-hitting mix of stimulants and nootropics, including caffeine, tyrosine, mucuna pruriens, and yohimbine HCl.

Never before has a hardcore pre workout also been a high performance pre workout...until now, that is.

CONVICT STIM Q&A

Can I take more than one serving of Convict Stim per day?

No, we do not recommend consuming more than one serving (two scoops) of Convict Stim in any 24-hour period

What can I expect from using Convict Stim?

Hard-hitting energy, powerful muscles pumps, laser focus, and greater performance with less fatigue during your workouts.

Why does Convict Stim give me the tingles?

The "tingles" (paresthesia) is a harmless side effect of beta alanine. As your muscles become saturated with beta alanine, the frequency and severity of the tingles should diminish.

Can I stack Convict Stim with any other products?

YES!

Convict Stim can be stacked with any non-stimulant pre workout supplement, such as Locked Down or DNA Dispatch for added nitric oxide production, increased, and bigger, badder muscle pumps.

How to Use Convict Stim

Mix 1-2 scoops of Convict Stim into 8-12 ounces of water and drink 30 minutes before training. Due to the extreme potency of Convict Stim, we recommend starting with one scoop and assessing reaction before trying two scoops.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



LOCKED DOWN

- Improves energy production*
- Enhances cellular hydration*
- Increases muscle volume and fullness*
- Boosts stamina and endurance*
- Reduces fatigue*
- Helps combat muscle cramping*
- Supports lean mass gains*

ATHLETE'S INSIGHT



I'm not the biggest fan of stimulant based pre-workouts. I use Locked Down to get me through the most challenging training sessions. This product provides me an amazing pump and helps keeps my muscles hydrated so I can go the distance. This is a must for any bodybuilder, power lifter or endurance athlete. I never train without my Locked Down.

Nick Walker
National Level Competitive Bodybuilder

VERIFIED BUYER

E Ernest Boyd Verified Buyer
★★★★★

Amazing product!
Locked down combines a creative combination of pump ingredients that give me an extra boost while I'm training. I get a crazy pump and even feel fuller way beyond my workout. I also find myself getting less fatigued going harder and harder each rep. I highly recommend this product especially if you train late at night and don't want to be up staring at the ceiling.

Hydration is an essential, yet underemphasized, component to optimal performance, recovery, and muscle growth. Even as a 2% drop in hydration levels can accelerate the onset of fatigue, reduce muscle function, and impair cognitive function.

To further complicate matters, consider this -- if you're training hard day in and day out, you're most likely sweating profusely, and with that goes valuable water and electrolytes. Failure to replenish these vital nutrients is the perfect prescription for cramping, fatigue, and a whole lot worse. Therefore, it's imperative that you do everything in your power to lock down your hydration levels and ensure your performance never falls off.

Condemned Labz Locked Down is the ultimate hydration and performance insurance your mind and muscles need to run 100% no matter the situation.

Locked Down includes a trio of proven cell volumizers, led off by the king of bodybuilding supplements -- creatine monohydrate. Locked Down provides a full 5 gram serving of the true form of creatine in every serving.

Also included is taurine, a conditionally essential amino acid that regulates water and mineral salts (sodium, potassium, magnesium) in the blood preventing muscle cramping. You'll also get a heaping 3 gram dose of HydroMax for better hydration and volumization as well as some pretty sweet "water-based" pumps as well.

Best of all, Locked Down seamlessly mixes into either Convict Stim or Confined BCAA without affecting the flavor, and it can actually improve the taste and texture of whatever supplement you use.

LOCKED DOWN Q&A

Will Locked Down make me bloated?

No. The nutrients in Locked Down help your muscles store more water intracellularly (inside the cell) vs extracellularly (outside the cell).

What can I expect from using Locked Down?

Better energy production, reduced fatigue, increased muscle fullness, and the ability to bang out a few extra reps and last longer in your workouts.

Do I need to cycle Locked Down?

No.

Locked Down contains non-hormonal ingredients that do not need to be cycled. In fact, the foundational ingredient in Locked Down (creatine monohydrate) is meant to be taken everyday!

Can I stack Locked Down with any other products?

YES!

Locked Down contains no stimulants and can be stacked with any stimulant-containing product, such as Convict Stim or Arsyn.

Aren't there better forms of creatine on the market?

Contrary to the marketing hype you hear, no other form creatine has been proven to be superior to creatine monohydrate. Creatine monohydrate has been studied rigorously and remains the king of creatines!

FUELED WITH

HydroMax™
glycerol powder 65%

How to Use Locked Down

On training days, take one serving with 8-12 ounces of water, 30 minutes prior to training.
On non-training days, take one serving with 8-12 ounces of water any time of day.

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DNA Dispatch

- Supports nitric oxide (NO) production*
- Promotes greater blood flow, vascularity, and pumps*
- Enhances oxygen and nutrient delivery to working muscles*
- Increases endurance and resistance to fatigue*
- Supports cardiovascular system function*

ATHLETE'S INSIGHT



"When I'm prepping for a competition and I am really looking to maximize my pump and increase my stamina, DNA Dispatch is my supplement of choice. It noticeably keeps my muscles fuller and more vascular during training even when I am on restricted calories. I notice I breathe better and train longer while using Dna Dispatch. I even found my recovery to be much better. All of these crucial factors play a significant role when you're competing at the level that I am"

Andre Ferguson
IFBB PRO

VERIFIED BUYER



Richard H. Verified Buyer



This stuff is amazing!

This stuff is amazing, I never go to gym without it. It intensifies my focus and gives me that strong pump and energy to get it done.

FUELED WITH



Whether you're an elite level bodybuilder, ultra marathoner, or a regular Joe/Jane who likes to get after it in the gym, one thing that is essential to optimal performance, as well as everyday health and wellness, is blood flow.

Circulation is one of the most important functions in the body as it supplies oxygen and essential nutrients to the brain, skeletal muscles, and organs. In other words, blood flow is what makes the body work.

Recognizing the importance that circulation flow plays in supporting health, wellness, and performance (both mentally and physically), we created a comprehensive and synergistic formula that promotes increased nitric oxide production and blood flow from multiple angles.

We've included clinically proven ingredients that help directly stimulate the body's own nitric oxide production in S7 and NitroRocket along with ingredients that also help defend against the premature breakdown of nitric oxide in Agmatine and L-Norvaline.

DNA Dispatch also contains ingredients that support endothelial function in grape seed extract which contains heart-healthy catechins and tannins that promote vasodilation and vasorelaxation.

Finally, we've included PeakO2 -- a patented blend of six ayurvedic mushrooms (including Cordyceps, Reishi, and Lion's Mane), shown in human studies to enhance oxygen utilization, PeakO2 has been noted to increase power output by 17.6% in trained individuals!

As you can see, DNA Dispatch isn't just about enhancing blood flow, oxygen, and nutrient delivery throughout the body, it also helps you use those performance-boosting nutrients more effectively!

DNA DISPATCH Q&A

Why do I want to increase nitric oxide production?

Nitric oxide is a critically important cell signaling molecule in the body that serves a multitude of functions, not the least of which is dilating (widening) blood vessels. When blood vessels dilate, blood pressure decreases and blood flow increases which supports cardiovascular health and greater athletic performance.

Why does DNA Dispatch include NitroRocket and S7?

We pride ourselves on using the latest advances in sports nutrition. As such, we've decided to include both S7 and NitroRocket. S7 is a unique blend of seven ingredients shown in clinical research to boost nitric oxide production an impressive 230%. NitroRocket is a premium-grade arugula extract yielding the highest concentration of nitrates to boost nitric oxide in a different and complementary manner to S7.

Can I take DNA Dispatch on non-training days?

Absolutely!

DNA Dispatch was created around the idea of increasing blood flow throughout the body. Greater blood flow on non-training days supplies muscles with the essential nutrients they need to repair, recover, and grow!

Is DNA Dispatch only for bodybuilders?

Absolutely not!

DNA Dispatch is for any fitness enthusiast looking to enhance their performance and stamina in the gym or on the field as well as those looking for a once-a-day cardiovascular health support supplement.

How to Use DNA Dispatch

On training days, take six (6) capsules of DNA Dispatch 30 minutes prior to training.

On non-training days, consume three capsules in the morning and three capsules in the evening.

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- **Helps boost energy and focus***
- **Ignites metabolism***
- **Boosts thermogenesis***
- **Suppresses hunger & cravings***
- **Enhances fat burning***
- **Reduces fat storage***

ATHLETE'S INSIGHT



If I'm dieting down for a competition or just trying to keep it lean in the off season, I need a thermogenic product that delivers weight loss, energy and can help me control my appetite. I rely heavily on Arsyn as my go to supplement of choice all year round.

As I warm up into a higher gear so does the thermogenic properties of Arsyn. It hits fast and hard making me sweat more than I ever could with any other product I've tried in the past. I get a rush from the energy, but it's very clean and sustained. The nootropic factor has me tunneled into my workouts and also helps me get through the day. Arsyn supplies me with everything I need to achieve my fitness goals.

Yari Kaganovsky
NPC Competitive Bodybuilder

VERIFIED BUYER



Best Fat Burner on the market
"I've taken a lot of different fat burners on the market. They always left me feeling jittery, sweaty and wishing I didn't take them. Arsyn makes me feel focused during my workout and gives me clean energy throughout the day without the crash. I highly recommend it along with all the rest of the products from Condemned Labz."

FUELED WITH



It's no secret that the world has a weight problem.

Engulfed in a sea of fad diets and weight loss gimmicks, hardcore athletes and casual gym goers alike have trouble discerning fact from fiction.

The simple truth is that the only way to lose fat and get shredded is to train hard and stick to your calorie deficit. No amount of supplements will erase the need for proper diet and training.

The challenge most people have is adhering to the rigorous diet and training schedule when dieting due to a mix of lack of motivation, low energy levels, and incessant hunger pangs. Simply put when you're tired and hungry all the time, you don't feel like doing much of anything, let alone crushing your workouts.

That's why we created Arsyn. Arsyn is a high energy, high focus thermogenic fat burning supplement.

We don't claim that Arsyn will magically drop pounds of fat over night even over the course of a week.

Arsyn is a powerful mix of powerful stimulants, nootropics, and mood-enhancing agents. Arsyn will demolish food cravings and hunger while intum giving you the energy, motivation, and desire to crush your workouts, thereby giving you the results you've always wanted.

We've even included our take on the popular ECA stack by combining caffeine, white willow bark and synephrine to accelerate fat loss.

While most fat burners contain ingredients in excess that leave you feeling overstimulated and jittery, we've formulated Arsyn to give you all the energy-boosting, fat burning qualities you want without what you don't.

ARSYN Q&A

What is Paradoxine?

Paradoxine is a patented extract of Grains of Paradise that helps "brown" white fat. In your body there are two types of fat, brown fat and white fat. White fat is the excess energy your body stores, while brown fat is the type of fat used to maintain core temperature. By "browning" the white fat on your body, Paradoxine helps increase thermogenesis and overall energy expenditure, which leads to faster fat loss

What if I don't need to lose weight, can I still use Arsyn?

Absolutely!

Arsyn can double as a productivity supplement or thermogenic pre workout. That's the reason we've included a diverse and synergistic assembly of focus boosters and mood elevators in it.

When should I take Arsyn?

Take your serving of Arsyn upon waking to help suppress appetite and boost energy levels.

Can I stack Arsyn with any other products?

Due to the potency of Arsyn, we do not recommend stacking it with other stimulant-containing supplements. However, Arsyn stacks perfectly with Thyrogenic for a powerful fat burning combo or with Locked Down to create a high-stim, thermogenic pump pre workout.

How to Use Arsyn

Consume one serving (2 capsules) upon waking. Due to the extreme potency of Arsyn, you may wish to begin by taking 1 capsule and assessing tolerance.

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- Supports glucose disposal and utilization*
- Promotes muscle fullness*
- Enhances glycogen replenishment*
- Supports balanced energy levels*
- Helps Reduce fat storage*
- Supports optimal nutrient partitioning*

ATHLETE'S INSIGHT



HumaSlin has been a staple in my diet during both my off season and pre-contest. It helps me digest and utilize carbohydrates more efficiently. I get better energy, better pumps and best of all no bloat. I attribute HumaSlin for helping me keep my waist small and my digestion on point. I recommend this product to any athlete looking to capitalize on carbohydrates and maximize their anabolic window.

Bryan Blacio
National Level Physique Competitor

VERIFIED BUYER



Best Carb Shuttling Supplement on the market

This product is revolutionary as it helps to facilitate the transport of carbohydrates, I use this product daily with any of my meals that exceed 50g of carbs. I have used this product during the 2 days leading up to show as my carbs were loading and I experienced no bloat, perfect digestion and all carbs were properly shuttled into the muscles and I felt harder and fuller than I ever experienced before. This is a must use product. Don't hesitate to try it today.

FUELED WITH

PROVEN INGREDIENTS

- Cinnamon Bark (600mg)
- Fenugreek Extract (200mg)
- Banaba (50mg)
- Digestive Enzyme Blend

Carbohydrates make up a considerable portion of the diet, but many individuals aren't blessed with the genetics to utilize and store carbs as efficiently as possible. As a result, millions have embraced the low/no-carb movement, without realizing that they're discarding the most effective training fuel for high intensity performance.

That's why we created HumaSlin.

HumaSlin is a comprehensive glucose utilization and disposal agent that supports carbohydrate digestion, utilization, and storage thanks to its multifaceted nutrient partitioning formula. The ingredients in HumaSlin help shuttle glucose into your muscles for immediate use, enhancing athletic performance, power output and pumps, as well as encouraging stable energy levels and preventing fat storage.

One of the truly standout compounds in HumaSlin is Gymnema Sylvestre, a powerful antidiabetic plant indigenous to Southeast Asia that has been noted in scientific research to help lower blood glucose levels by improving insulin function. Furthermore, a 2014 comprehensive review noted gymnema also improves leptin levels (helping eliminate hunger), body weight, and body mass index (BMI).

Another remarkable sugar-shuttling agent in HumaSlin is banaba leaf. The reason banaba is so highly regarded lies in its high corosolic acid content. Corosolic acid has been shown to heighten insulin sensitivity, a very good thing for nutrient partitioning and subsequently, muscle growth!

HumaSlin helps your body get the most from the meals you eat, HumaSlin contains a diverse array of digestive enzymes that enhance the body's ability to digest and absorb the food you eat. Remember, you aren't what you eat...you are what you absorb.

With HumaSlin, carbohydrates are transformed from foe to friend once again!

HUMASLIN Q&A

When Should I Take HumaSlin?

HumaSlin can be taken with any high-carb meal, such as those eaten before or after training as well as those epic "cheat" meals you have on the weekends.

What makes HumaSlin better than other Glucose Disposal Agents (GDAs)?

Unlike other GDAs and nutrient partitioners, HumaSlin takes a totalitarian approach to improving glucose utilization and nutrient partitioning, including ingredients noted to enhance insulin sensitivity, reduce blood glucose, decrease appetite, improve digestion, and support the metabolic machinery that regulate glucose metabolism.

Why is fenugreek included?

While fenugreek is often considered a natural testosterone booster, research indicates it also offer glucose disposal benefits, too. More specifically, a recent meta-analysis concluded that fenugreek may help control fasting blood glucose levels, 2-hour postprandial (after feeding) blood sugar levels, and HbA1c, an important marker for assessing your "average" blood sugar levels over a prolonged period of time.

Why are digestive enzymes included?

Consuming high-calorie, high-carbohydrate meals can often leave athletes feel slow, sluggish, and bloated. Digestive enzymes help the body more efficiently digest and absorb the nutrients from food, reducing the burden on the GI system and unwanted digestive distress.

How to Use HumaSlin

Humaslin is intended to be taken with any meal containing at least 50g of carbohydrates.

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THYROGENIC

- Supports thyroid health*
- Promotes a healthy stress response*
- Enhances mood and focus*
- Boosts mental energy*
- Encourages greater fat burning*
- Facilitates weight loss*

ATHLETE'S INSIGHT



I have tried many products on the market, nothing has sparked my metabolism and gets me sweating like Thyrogenic. I train later on in the evening so I have to be conscious of what I take so that I don't disrupt my sleep. It's hard to find products that aren't overloaded with stimulants but produce some of the same key benefits. Thyrogenic combines natural energy, focus, increased metabolic rate along with a powerful thermogenic effect all into one really unique formulation."

Chris Villa
National Level Physique competitor

While small in size, the thyroid gland is critical to stabilizing the body's metabolism. It does so by secreting a trio of hormones, better known as thyroid hormones.

Two of those hormones Triiodothyronine, (T3), and tetraiodothyronine, (T4) play a major role in weight maintenance as both (T3) and (T4) increase basal metabolic rate (BMR) which makes your cells work harder, and ultimately burn more energy.

An underactive thyroid can bring about a host of complications including depression, forgetfulness, severe fatigue, and weight gain.

What's more, an estimated 20 million Americans have some form of thyroid disorder, with as many as 60% of those affected, unaware of their condition.

Thyrogenic is an all-natural, stimulant-free thyroid support formula engineered to support a healthy metabolism & encourage optimal thyroid function thanks to our powerful thyroid complex. But we didn't stop there, Thyrogenic also doubles as a stim-free fat loss formula that packs an intense thermogenic punch, helping your body to burn more calories and lose weight faster!

One of the primary building blocks for thyroid hormones is trace mineral iodine, which is found predominantly in fish, shellfish, and seaweed. Unfortunately, iodine deficiency is incredibly common, which can lead to subpar thyroid performance.

Thyrogenic includes 115mcg of natural iodine from our premium-quality whole kelp extract, to support the thyroid production hormone.

The thyroid gland is also known to play a role in memory, concentration and cognitive function, we've also included key nutrients in Tyrosine, Ashwagandha and magnesium -- an essential mineral involved in 300+ biological processes.

We've also included a trio of stim-free weight loss agents compounds in LeanGBB, Olive Leaf, and Guggulsterones to help your body burn more fat and facilitate body recomposition.

THYROGENIC Q&A

Who is Thyrogenic for?

Thyrogenic is for any individual looking to stimulate metabolism, burn fat, and lose weight. Thyrogenic is also for those individuals who may feel that their age is getting the best of them and want to restore the vigor, zeal, and energy of their youth.

Can I take Thyrogenic at night?

Yes.

Thyrogenic contains no stimulants and can be taken any time of day (even at night) with no concerns about disrupted sleep, jitters, or feeling "on edge."

What is selenium and why is it in Thyrogenic?

Selenium is an essential mineral that serves as a powerful antioxidant in the body. It also supports thyroid hormone production as it reduces levels of antibodies that affect thyroid peroxidase — an enzyme that plays an important role in the production of thyroid hormones.

Can I stack Thyrogenic with other Condemned Labz supplements?

Yes.

Thyrogenic is stimulant-free and can be stacked with any other Condemned Labz supplement. We enjoy stacking it with Arsyn, our stimulant fat burner, for a powerful 1-2 metabolism-boosting, fat-melting punch.

How to Use Thyrogenic

On training days, take one serving (2 capsules) with 8-12 ounces of water, 1 hour prior to training.

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FUELED WITH

LeanGBB®



- Stimulates muscle protein synthesis*
- Combats muscle protein breakdown*
- Supports energy production*
- Helps reduce mental fatigue*
- Preserves lean muscle mass*
- Aids hydration*
- Promotes recovery*
- Helps combat muscle soreness*

ATHLETE'S INSIGHT



As a bikini competitor training is very demanding, I rely on protein and BCAAs to help me maintain muscle, lose weight and recover faster. The first time I tried Confined BCAAs I was immediately hooked. The coconut lime tasted amazing. Confined keeps me hydrated and prevents my muscles from cramping during intense HIIT sessions. These are the bare essentials and everyone should be using them.

Kayla Rose
NPC Bikini Competitor

VERIFIED BUYER



Jonathan C. Verified Buyer

BCAA
Amazing Product!!!! and I've tried them all. This by far exceeds the competition.

To build muscle and strength, athletes have to be willing to go to extremes -- Training like an athlete taxes both the body and mind, leaving you feeling beat up, run down, and in search of anything to accelerate the repair and recovery process.

Confined was created to help athletes train harder, last longer, and recover faster from their intense workouts.

Confined is a premium-quality branched-chain amino acid (BCAA) supplement specifically formulated to prevent muscle breakdown and excessive muscle soreness. Confined provides 5 grams of 3:1:1 BCAA in each serving along with the powerful leucine metabolite HICA to combat protein degradation.

Together these ingredients work to improve exercise performance, stamina, and recovery, all while offsetting the catabolic (muscle-wasting) effects of intense training.

Confined also includes a robust matrix of electrolytes to replenish those essential minerals lost in the buckets of sweat during training. As you're aware, hydration is essential to superior performance and cognitive function, and Confined ensures you have those crucial micronutrients at the most critical times.

CONFINED Q&A

What are BCAAs?

BCAA are branched-chain amino acids.

BCAAs are a special subgroup of the essential amino acids (EAAs) that have been identified as potent stimulators of the mechanistic target of rapamycin (mTOR) pathway in the body that drives muscle protein synthesis.

Who is Confined for?

Confined is ideal for the extreme athlete who is training day in, day out seeking to reach new performance levels, muscle mass, and strength. Confined is also great for those on low-calorie diets who are at a heightened risk of muscle loss.

Can I take more than one serving of Confined per day?

Yes, you may consume more than one serving of Confined per day.

What can I expect from using Confined?

When using Confined during training, you may experience greater stamina, less cramping, and reduced fatigue.

Can I stack Confined with other products?

Yes.

Confined contains no stimulants and can be taken with any other Condemned Labz product including Convict Stim, Commissary, or C-Block 10.

FUELED WITH

PROVEN INGREDIENTS

- L-Leucine (3,00mg)
- L-Isoleucine (1,000mg)
- L-Valine (1,000mg)
- HICA (500mg)
- L-Tryptophan (100mg)

How to Use Confined

Training Days: Mix 1-2 scoops of Confined into 8-12 ounces of water and sip during training.

Non-Training Days: Mix 1 scoop of Confined into 8-12 ounces of water and sip with a meal or anytime of day to support muscle recovery and growth.

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C-BLOCK¹⁰



- Supports energy production*
- Enhances athletic performance*
- Replenishes muscle glycogen*
- Force-feeds nutrient uptake*
- Aids recovery*
- Reduces the onset of fatigue*
- Decreases muscle soreness*
- Combats muscle breakdown*
- Increases muscle fullness & pumps*

ATHLETE'S INSIGHT



Being a competitor and a coach, supplements like C-Block10 are very handy and versatile. Whether you're in prep or offseason C-Block10 has multiple benefits.

It's quick absorbing, easy digestion and low volume content, all compliment someone trying to get lean but is still using carbohydrates to keep the muscles full and sustain energy throughout their work out!

On the flip side, it's a solid building block to use in conjunction with your carb sources during your regular off-season nutrition protocol. This is definitely a secret weapon in my arsenal come contest season, and always the ace up my sleeve in my off season!

Michael LaCombe
National Level Competitive Bodybuilder

VERIFIED BUYER



Best Carbohydrate Supplement
C-Block10 is by far the best carbohydrate supplement I have ever used. I am an endurance athlete who needs carbohydrates to fuel my training and provide me with consistent energy. C-Block10 is easy on my stomach and I get no spikes or crash in blood sugar levels which allows me to push my training to the absolute max. I wish they had this in more flavors I would purchase them all!!!!

FUELED WITH

Carb10™

Hard training athletes know the true value of carbohydrates. They're essential to high level performance, glycogen replenishment, and recovery.

Until recently, lifters were relegated to cheap, insulin-spiking carbohydrates such as dextrose or maltodextrin. Aside from wreaking havoc with your blood sugar levels, these carbohydrates lead to unwanted GI distress as well as a heavy, lethargic feeling that decreased performance and essentially made you want to nap.

Gone are the days of upset stomachs and carb comas with the introduction of a revolutionary performance carbohydrate, ideal for the hard-training athlete, C-Block 10!

C-Block 10 is the ideal carbohydrate to use before, during, or after training to support performance, combat muscle breakdown, and support the anabolic state.

Derived from pea starch, C-Block 10 is a high molecular weight, low osmolality carb that digests easily and is rapidly absorbed by your muscles to support energy production, athletic performance, and glycogen replenishment.

Unlike other peri-workout carb sources, C-Block 10 does NOT spike insulin levels or blood sugar, avoiding lethargy that happens with so many other carbohydrates.

The low insulin impact also makes it perfect to use for your carbohydrate needs at any other time of day for when you need to get in those necessary muscle-building carbohydrates.

C-Block 10 mixes easily into water and digests rapidly, sparing athletes any unwanted GI distress.

C-BLOCK Q&A

Can I take more than one serving of C-Block 10 per day?

Yes.

C-Block 10 can be used before, during, or after training as well as any other time of day. It mixes seamlessly into any pre workout, intra workout, or protein shake, improving both the taste and texture of your other favorite training supplements such as Convict Stim, Commissary Whey Protein, or Confined BCAA.

Can I stack C-Block 10 with any other products?

YES!

C-Block 10 can be consumed with any other Condemned Labz supplement. It can also be used as a standalone product for those times when you need to get in some much needed carbohydrates but don't want to deal with the seesaw blood sugar spikes and energy crashes of other carbohydrates.

Don't carbs make you fat?

Despite what you've been led to believe by the keto, paleo, and other low-carb zealots out there, no, carbohydrates do not make you fat. An excess of calories and a severe lack of physical activity make you gain body fat. Carbohydrates are the preferred source of energy for the body during intense exercise such as resistance-training, sprinting, or field sports.

How to Use C-Block

Part of what makes C-Block 10 truly exceptional is its versatility.

Pre Workout: Mix 1-2 serving of C-Block 10 into 8-12 ounces of water and drink 30 minutes prior to training to top off glycogen stores and ensure your muscles have ample energy to perform.

Intra Workout: Mix 1-2 servings of C-Block 10 into your intra workout shake and sip during training to stave off fatigue, combat muscle breakdown, and maintain a high level of performance and focus.

Post Workout: Mix 1-2 servings of C-Block 10 into your post-workout shake to facilitate nutrient uptake, support muscle recovery, and accelerate glycogen replenishment.

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- Supports muscle recovery and growth*
- Supplies highly bioavailable protein rich in BCAA and leucine*
- Combats muscle breakdown*
- Helps reduce hunger*
- Mixes easily*
- Tastes delicious*

ATHLETE'S INSIGHT



When we formulated Commissary, we sought out to create an affordable premium quality whey protein concentrate that tastes amazing, in conjunction with that, we knew mixability and digestion were equally as important. We spent a lot of time on this formula and we didn't settle on it until we nailed it down perfectly.

Michael Jirovec
National Level Competitive Bodybuilder

VERIFIED BUYER

S Sergio R. Verified Buyer
★★★★★

Amazing
A great clean tasting product

E Ellen H. Verified Buyer
★★★★★

Excellent
The chocolate flavor tastes great, and mixes well. Excellent Protein on the market.

There's no nutrient more essential to hard-training athletes than protein. It provides the building blocks our bodies need to repair, rebuild, and, most importantly, grow following intense training sessions.

When it comes to the best protein money can buy, for athletes, there's no better option than whey protein concentrate.

Hardcore lifters, athletes, and gym rats of all kinds are well-acquainted with the rich, delicious taste of whey protein, as it's been the go-to post workout prescription for muscle recovery and growth for decades.

But, recently whey protein has suffered in both quality and taste as companies seek to use cheaper quality forms of whey all in an effort to increase profit and save on costs.

This has left consumers searching high and low for a whey protein that tastes great and offers the same high amount of protein that they're used to getting.

That's why we created **Commissary!** Commissary is a premium-quality whey protein concentrate delivering 24 grams of pure whey protein in every serving.

Whey protein offers highly bioavailable source of protein that is rich in essential amino acids that is rapidly digested -- getting the necessary building blocks your muscles need following training as quickly as possible.

COMMISSARY Q&A

Can I take more than one serving of Commissary per day?

Yes.

Whey protein is the ideal high-protein meal anywhere, anytime. It's perfect post workout, but it also serves as a quick on-the-go breakfast in the morning or late-night snack to fuel your muscles while you sleep.

Can I stack Commissary with anything?

Yes.

Commissary contains no stimulants and thus can be stacked with any Condemned Labz supplement. One of our favorite stacks is to combine one serving of Commissary with 1-2 scoops of C-Block 10 for a supreme post workout recovery shake.

Does whey protein help with weight loss?

Research has shown that whey protein has a satiating effect on the body, which may help to reduce feelings of hunger and help you stick to your diet, thereby facilitating weight loss

Where does whey protein come from?

Whey protein is a type of protein naturally occurring in milk. Whey is the liquid part of milk that separates during cheese production (curds and whey). After going through various processing steps, the liquid whey is refined and dehydrated to yield a fine powder that is high in protein and low in carbohydrates, fat, and calories.

FUELED WITH

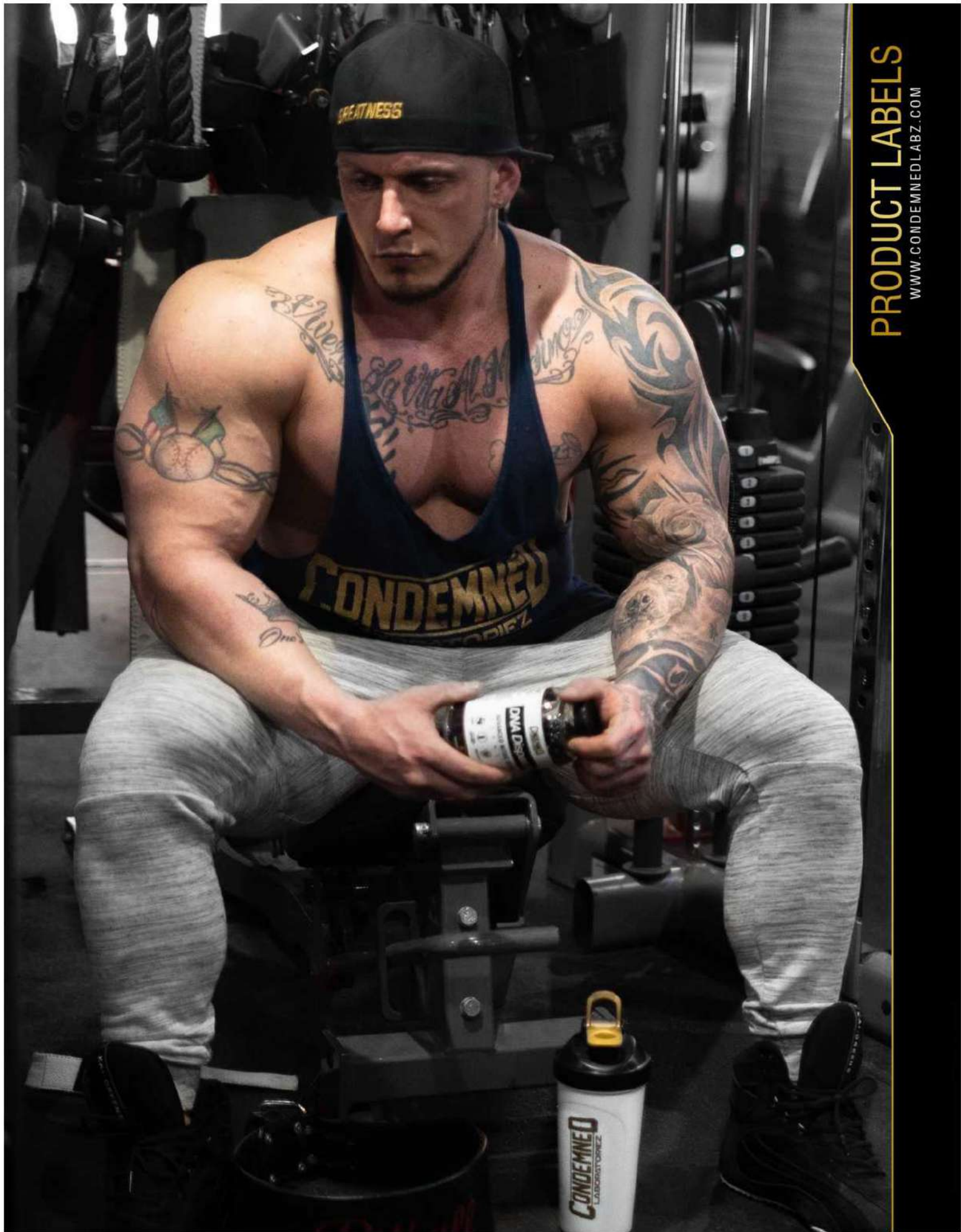
PROVEN INGREDIENTS

- Premium Whey Protein
- Digestive Enzyme Complex

How to Use Commissary

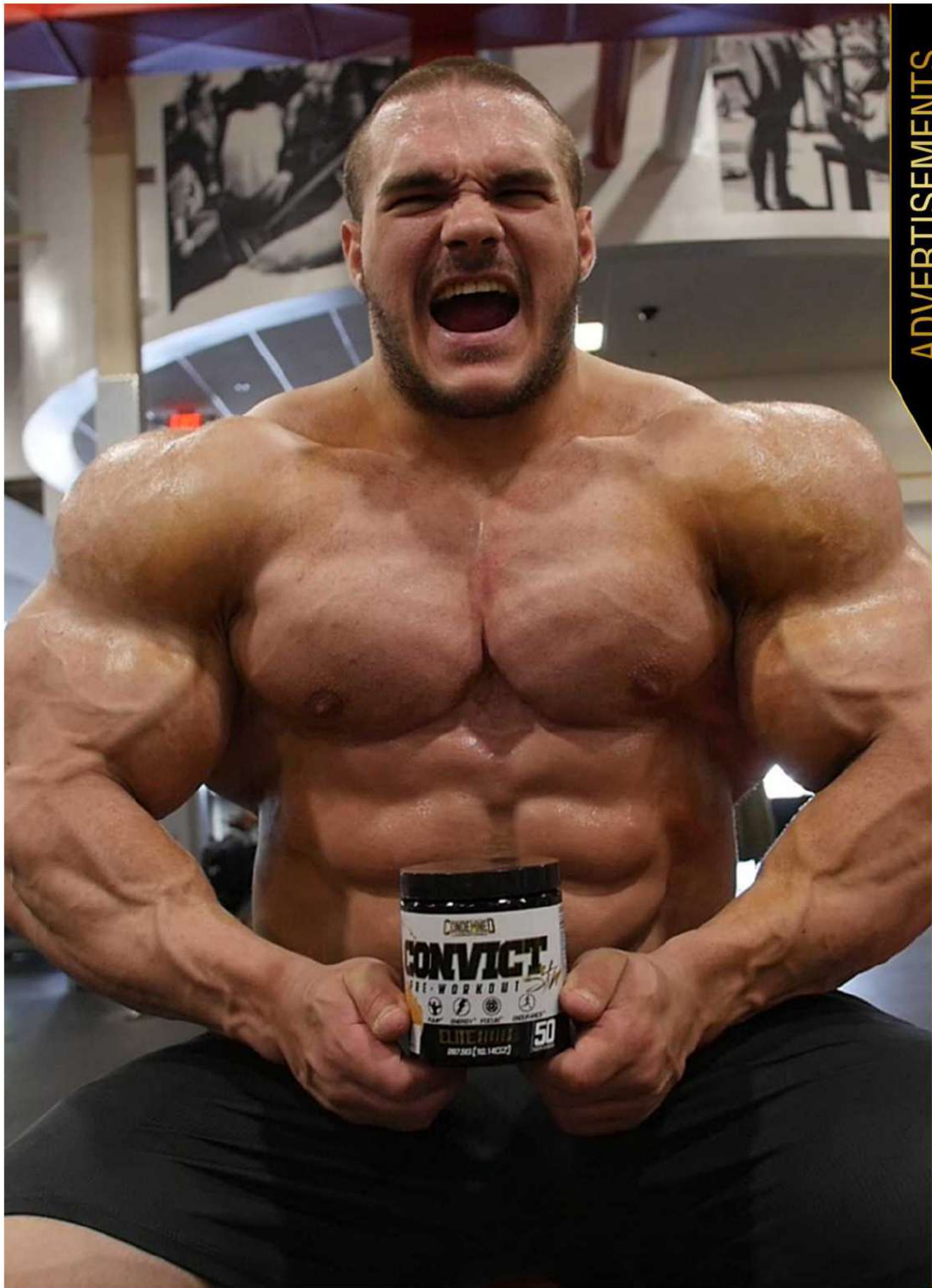
Mix 1-2 servings of Commissary in 6-8 ounces of water and consume immediately post workout or any other time of day you need a quick fix of high quality, great tasting protein.

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PRODUCT LABELS

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EVERYONE'S PRE WORKOUT IS THE BEST
UNTIL IT'S TIME TO DO WHAT A
PRE WORKOUT IS SUPPOSED TO DO!!!!

- **Increases energy and focus***
- **Boosts stamina and performance***
- **Enhances strength and power output***
- **Reduces onset of fatigue***
- **Supports nitric oxide production***
- **Powerful muscle pumps***



4000MG
L-CITRULLINE

2500MG
BETA ALANINE

300MG
MUCUNA PRURIENS

300MG
CAFFEINE

225MG
DMHA

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EXTREME HYPERTROPHY **OVERLOAD!!!**

- Improves energy production*
- Enhances cellular hydration*
- Increases muscle volume and fullness*
- Boosts stamina and endurance*
- Reduces fatigue*
- Helps combat muscle cramping*
- Supports lean mass gains*



5G
CREATINE
MONOHYDRATE

3G
HYDROMAX
GLYCEROL

1G
TAURINE

FUELED WITH

HydroMax™
glycerol powder 65%

AVAILABLE IN

FRUIT PUNCH LEMON LIME UNFLAVORED

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IGNITE NITRIC OXIDE WITH **DNA DISPATCH**

- Supports nitric oxide (NO) production*
- Promotes greater blood flow, vascularity, and pumps*
- Enhances oxygen and nutrient delivery to working muscles*
- Increases endurance and resistance to fatigue*
- Supports cardiovascular system function*



FUELED WITH



PEAKO₂

NITRO-ROCKET

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ARM YOURSELF WITH A **COMPETITIVE ADVANTAGE!!**

- *Helps Boost Energy & Focus**
- *Ignites Metabolism**
- *Increase Thermogenesis**
- *Suppresses Hunger & Cravings**
- *Enhances Fat Burning**
- *Helps Reduce Fat Storage**

Arsyn is a high energy, high focus thermogenic fat burning supplement. The powerful mix of stimulants, nootropics, and mood-enhancing agents contained in Arsyn will demolish food cravings and hunger while giving you the energy, motivation, and desire to crush your workouts, thereby giving you the results that you've always wanted. While most fat burners contain ingredients in excess that leave you feeling overstimulated and jittery, we've formulated Arsyn to give you all the energy-boosting, fat burning qualities you want without making you feel atrocious.

**IFBB PRO
ANDRE FERGUSON**

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SUMMER BODIES ARE CREATED WITH



- Helps boost energy and focus*
- Suppresses hunger & cravings*
- Ignites metabolism*
- Enhances fat burning*
- Boosts thermogenesis*
- Helps reduce fat storage*



15MG
PARADOXINE

50MG
SYNEPHRINE HCL

200MG
DMHA

300MG
CAFFEINE ANHYDROUS

FUELED WITH



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CARB UP WITH CONFIDENCE

Humaslin is a comprehensive glucose utilization and disposal agent that supports carbohydrate digestion, utilization, and storage thanks to its multifaceted nutrient partitioning formula. The ingredients in Humaslin help shuttle glucose into your muscles for immediate use, enhancing athletic performance, power output and pumps, as well as encouraging stable energy levels and preventing fat storage.

- Supports glucose disposal and utilization*
- Promotes muscle fullness*
- Enhances glycogen replenishment*
- Supports balanced energy levels*
- Helps Reduce fat storage*
- Supports optimal nutrient partitioning*



600MG
CINNAMON BARK

200MG
FENUGREEK EXTRACT

50MG
BANABA CORSLIC ACID

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DIGESTIVE ENZYME COMPLEX

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SET YOUR METABOLISM

ARBLAZE

An estimated 20 million Americans have some form of thyroid disorder, with as many as 60% of those affected are unaware of their condition. Thyrogenic is an all-natural, stimulant-free thyroid support formula engineered to support a healthy metabolism & encourage optimal thyroid function thanks to our powerful thyroid complex.

- Supports thyroid health*
- Promotes a healthy stress response*
- Enhances mood and focus*
- Boosts mental energy*
- Encourages greater fat burning*
- Facilitates weight loss*

FUELED WITH

Lean**GBB**®

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STIM
FREE



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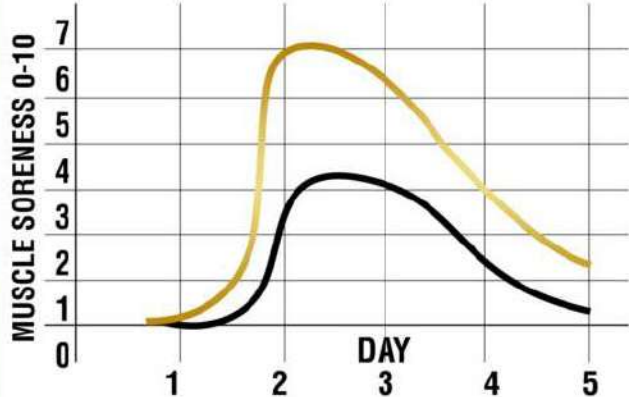
RECOVERY NEVER TASTED

SO GOOD!

Confined is a premium-quality branched-chain amino acid (BCAA) supplement specifically formulated to prevent muscle breakdown and excessive muscle soreness. Confined provides 5 grams of 3:1:1 BCAAs in each serving along with the powerful leucine metabolite HICA to combat protein degradation. Together these ingredients work to improve exercise performance, stamina, and recovery, all while offsetting the catabolic (muscle-wasting) effects of intense training.

- Improves energy production*
- Enhances cellular hydration*
- Increases muscle volume & fullness*
- Boosts stamina and endurance*
- Reduces fatigue*
- Helps combat muscle cramping*
- Supports lean mass gains*

BRANCHED CHAIN AMINO ACID STUDY



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SUPPLEMENTS DON'T WORK **UNLESS YOU DO!**

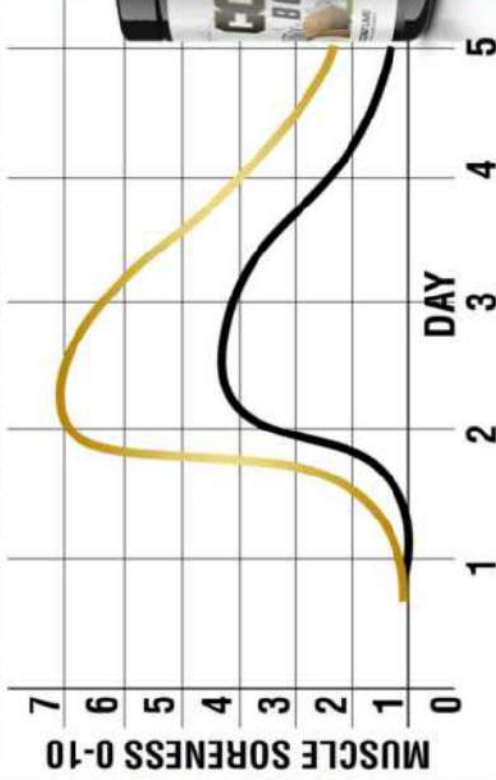
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- Increases muscle volume & fullness*
- Boosts stamina and endurance*
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- Helps combat muscle cramping*
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BRANCHED CHAIN AMINO ACID STUDY



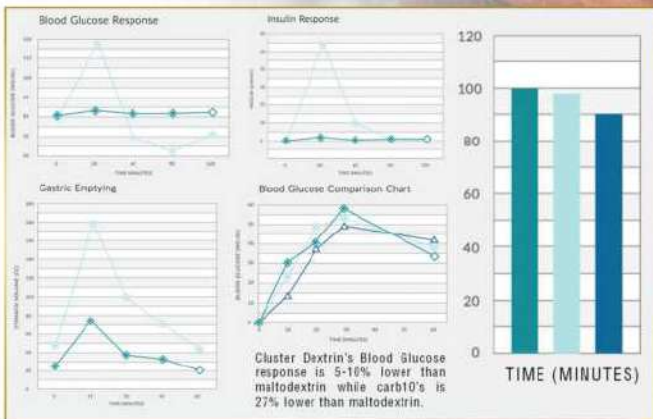
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CAPITALIZE ON CARBS

C-Block 10 is the ideal carbohydrate to use before, during, or after training to support performance, combat muscle breakdown, and support the anabolic state. Derived from pea starch, C-Block 10 is a high molecular weight, low osmolality carb that digests easily and is rapidly absorbed by your muscles to support energy production, athletic performance, and glycogen replenishment."



- **Supports energy production***
- **Enhances athletic performance***
- **Replenishes muscle glycogen***
- **Force-feeds nutrient uptake***
- **Aids recovery***
- **Reduces the onset of fatigue***
- **Decreases muscle soreness**
- **Combats muscle breakdown***
- **Increases muscle fullness & pumps***

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FUELED WITH

Carb10™

40 SERVINGS | ZERO SUGAR | ZERO STIMULANTS | ZERO GLUTEN

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COMMISSARY



- 24G PROTEIN
- 4G CARBS
- 2G HEALTHY FAT
- ONLY 130 CALORIES
- DIGESTIVE ENZYME COMPLEX
- LOW SUGAR
- GLUTEN FREE
- USE ANYTIME



Chocolate



Vanilla



LEAN MUSCLE*



RECOVERY*



DIGESTION*



MEAL REPLACEMENT*

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JUST ANOTHER PROTEIN AD

- Supports muscle recovery and growth*
- Supplies highly bioavailable protein rich in BCAA and leucine*
- Combats muscle breakdown*
- Helps reduce hunger*
- Mixes easily*
- Tastes delicious*



24G
PROTEIN

4G
CARBS

2G
FAT

27
SERVINGS

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PROMOTIONAL
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